

kinofit

YOGA & FITNESS

YOGA
is amazing



*"Yoga is the journey of the self,
through the self, to the self"*

*Yoga is for everyone, regardless any race or religion.
At Kinofit, we provide variety level of yoga that
suits you. We have experienced teachers to guide you.
Come visit us & find out more.*

Whats up!

Aerial Yoga @ Kinofit

*You can now perform more poses
with Aerial Yoga. Learn new
skills when you are suspended
against gravity.*



"JAB, CROSS, HOOK, LOWKICK"

**Lose Weight! Tone up / Shape up!
Improves Focus! Double the Fun!**

kickboxing club

Variety of fitness classes
and intensity available
for your selection.
Check out our timetable!

FITNESS and dance

Zumba / Piloxing / Salsation
Kids Kickboxing / Taekwondo
Kids Ballet & Hip Hop Dance

Monthly fee from RM90/mth

Services

Personal Training
Weight Management Program
Company Fitness Program

FIND OUT MORE!

Homepage: kinofit.my

Call/Whatsapp: + 6018-960 2368

[Kinofit_Malaysia](#)

[Kinofit Malaysia](#)

kinofit

YOGA BOXING FITNESS DANCE

We are in
Tamarind Square
A-04-08
(above 10 gym)